



# Where do I want to live?

My person is:

Date:

## Before the conversation I have...

- Had a think and made some notes about what I want from my home I as I age.  
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- Made a note of what I like and what I may not like about my current home, including both practical and emotional thoughts.  
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- Thought about whether I enjoy being independent and like my own company, or whether I prefer to be around other people.  
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- Thought about my physical abilities, and how things might change for me as I age e.g. how do I feel about climbing any stairs or steps?  
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- Asked for some language or communication support if I need it.  
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- Got ready a pen and paper, glasses or hearing aids, and this checklist, so I can make notes on what is said.  
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- Made sure I'm feeling positive about having this conversation - I am not too tired and I'm feeling able to consider some challenging ideas.

## During the conversation I will remember to ask...

- My person to repeat things for me, or to say things in a way that makes sense to me. If I want to, I will ask my person to wait while I write things down.  
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- If I have to talk about my financial status, what is this information going to be used for? How will I know the information is kept private?  
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- If I am thinking of moving home, what are my housing options? How urgent is it that I move home? What timescale can I work with?  
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- If I want to stay in my home, what steps can I take that would make it work better for me as I age? Who could help me make these adjustments?  
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- To stay in my home, do I have to stop, or avoid doing certain things? e.g. cutting hedges, or climbing into the attic? And are there any ways I can better help myself to be safe at home on my own?

## Before I finish the conversation I will check...

- Have I told my person everything I wanted to say? Have I asked all my questions? Have I made a note of the answers and do I understand them?  
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- For more conversations or appointments, do I have the times, dates, where I need to go, what I need to do in advance e.g. Fill out a form? Provide or seek information? And is it all written down?  
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- If I am considering moving, do I know what kind of home I am now looking for? Do I have a preferred location? And am I clear about how my move will be funded?  
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- That everyone knows that I will be taking my time before making any final decisions and that I can change my mind at any time.  
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- If there are any support groups, community help, or more useful information I can access to make all this easier for me.

